

**Karen Ness:
A Story of Inspiration**



OTC
**FAMILY-FRIENDS
&
FUN**
in Otter Tail County

**Pam Larson:
Visit Lighthouses
Around the
Great Lakes
This Summer!**

◆
Great Articles!

◆
Win Prizes!



Summer 2018

SKJERET'S *Decorative* CONCRETE

Call Us For All Of Your Concrete Needs

218-205-3036



Unique, Fun & Fitting for Every Occasion

Gifts • Jewelry
Home Wares
Stationery
Business Forms
Office Products
Printing
Digital Copy Center
Promotional Products
Graphic Design



The Fun Place to Shop!
In Historic Downtown Fergus Falls, MN

218-736-5433

www.victorlundeens.com

**Otter Tail
Real Estate Services**

Check out our listings and 100's more on the MLS by going to our website.
WWW.OTTERTAILRES.COM



Mark Stortroen
Broker, GRI
218-731-6315

mark@ottertailres.com



Cindy Thernell
Associate
Broker
218-731-6316

cindy.thernell@gmail.com

218-739-4460

800-726-4166

otres@ottertailres.com

1811 E. Fir Ave.
Fergus Falls, MN



"Banking Your Way"



Jeff



Mike

Dalton Branch
108 W Main • Dalton, MN
218-589-8701



Molly



Nate



Jay

Parkers Prairie Branch
105 East Soo St • Parkers Prairie, MN
218-338-6054



www.midwestbank.net



Battle Lake Farmer's Market

Open Saturdays 9 a.m.-1 p.m.
Memorial Day until end of
produce season

*Makers, Bakers and
Growers offering an
assortment of locally
produced goodness!*

Located Holdt St./Cty. Rd. 38 and
Hwy. 78 just north of Larry's Foods

Email:

blmnfarmersmarket@gmail.com

218-371-1948

Easy Parking!

Find us on





Mackenzie Barry
Financial Advisor

105 Lake Ave N P.O. Box 873
Battle Lake, MN 56515
Phone: (218) 262-2888
mackenzie.barry@edwardjones.com

I WANT TO UNDERSTAND WHAT'S IMPORTANT TO YOU.
I USE AN ESTABLISHED PROCESS TO HELP YOU BUILD
PERSONALIZED STRATEGIES TO ACHIEVE YOUR GOALS.
WE WILL PARTNER TOGETHER
OVER TIME TO KEEP YOU ON TRACK.




Art of the Lakes 

Jewelry • Cards • Art

Open Daily
Downtown Battle Lake
www.artofthelakes.org
218-864-8606

MARY PETTIT • 218-205-7086
marypettit@kw.com

kw
KELLERWILLIAMS.
Realty Professionals

**POSITIVE
PERSONAL
PROFESSIONAL**



Buying?
Selling?
Call, text
or email me!



**Expert health care
FOR ALL AGES.**

Pictured left to right:
Maggie Hartmann, NP
Jennifer Love, NP
Rachel Stanchfield, PA



At Sanford Health Parkers Prairie Clinic, we provide family medicine care close to home. Our team of experts provide specialized care for your entire family including:

- Same day appointments
- Annual, sport and DOT physicals
- Well child checks
- Knee injections
- Spanish speaking provider

Call (218) 338-4371 to schedule an appointment today.

SANFORD
HEALTH
Parkers Prairie

038026-00025 1/18

Bike and Watercraft Rentals



Trek Bikes and other fun bikes!
Paddle Boards, Surreys, Canoes, Small Boats, Kayaks and more!!
- SELF PAY RENTALS AVAILABLE -

Find us at our downtown Battle Lake location - one block east of the bank and one block from the Glendalough Trail Head

Battle Lake's Original Rental Store
"Bikes and Fun To Go"



Open 7 days a week between Memorial Day and Labor Day
Open weekends after Labor Day

218-282-1063 or 218-731-7181

To Reserve Online
www.gallopinggoosere rentals.net



DISCOVER THE SMILE YOU HAVE ALWAYS DESIRED!

- Dental Implants • Orthodontics
- Family Dentistry

Gentle, Caring, Knowledgeable



Dr. Kelly Schroeder, DDS



Dr. Scott Wagnild, DDS



Northern Lakes Dental & Implant Center

(218) 736-4000

1108 Western Ave Fergus Falls MN 56537

www.northernlakesdental.com

Lakeside Living



LAKEVIEW SENIOR LIVING APARTMENTS

105 Glenhaven Drive • Battle Lake, MN 56515

At Good Samaritan Society Battle Lake we are committed to bringing our wonderful lakeside setting as a way of life. With walking paths, underground parking, on site beauty parlor, delicious daily meals, and trips on the pontoon, we keep the atmosphere inviting and energetic.

Our outlook is to provide the maximum in comfort and options for you. We are excited about our services and think you will be too.

Call today for more information.

- Senior Housing
- Private Rooms
- Physical Therapy
- Skilled Care
- Assisted Living
- Adult Day Services
- Short Stay Rehabilitation

To learn more about our services, call (218) 864-5231 (Nursing Home) or (218) 862-5230 (Assisted Living, Senior Housing).



All rights reserved. All rights reserved. 11-13-2015



8 Cover Story:
**Travel Destination:
 Visit Lighthouses Around
 the Great Lakes This Summer!**

STORY & PHOTOS BY PAM LARSON



Summer 2018

6 Our Otter Tales
 Win to Dine Winners



26 Country Hills Residence:
 It's So Peaceful Out Here!

STORY BY BECKY TIGHE
 PHOTOS BY KATHY NEUBAUER

12 Three Generations of the Koep
 Family Proudly Maintain "The
 Best Bait is Live Bait!"

STORY & PHOTOS BY JERRY BEGLEY

30 Dennis Craswell and the
 Original Castaways:
 Rock 'N Roll Rolls On

STORY BY REBA GILLIAND
 PHOTOS BY DENNIS & SHEILA
 CRASWELL

15 The Lakeside Gourmet
 BY SANDRA THIMGAN
 PHOTOS BY DAN THIMGAN



16 Karen Ness: Life is an Exercise
 in Faith and Perseverance

BY LAKE REGION HEALTH CARE
 PHOTOS BY KAREN NESS

34 Dent...Where Did They Get a
 Name Like That?

STORY BY BECKY TIGHE
 PHOTOS BY GARY & KARALYN
 HARRINGTON; VINTAGE PHOTOS FROM
 DENT DIAMOND JUBILEE

20 Lynn Cave: A Good Egg
 STORY & PHOTOS BY JERRY BEGLEY



38 Fresh From Alaska
 STORY BY ED PAWLENTY
 PHOTOS BY STEPHANIE SCHMIDT

23 Word Search Puzzle



43 Summer Events

24 Win to Dine



46 Advertiser Index



**OTC
 FAMILY—FRIENDS & FUN
 In Otter Tail County**

Summer 2018
 Volume 5—Issue 2

Editor/Publisher:
 Ed Pawlenty
Designer: Joy Minion
Ad Designers:
 Janet Widness, Nick Pawlenty
Marketing Representative:
 Ed Pawlenty: 651-270-3991

OTC'S STATEMENT:
*Honoring men, women, families, friends,
 events and more. Featured through East
 and West Otter Tail County three times a
 year. Also distributed to stores and area
 resorts so vacationers can enjoy the
 entire magazine!*

CONTACT:
 Share information by
 contacting the BL Review:
218-864-5952
OTC/BLR, PO Box 99
Battle Lake, MN 56515
Publisher@battlelakereview.com

Subscribe Today – Get your magazine mailed directly to you!

Only \$10 for 3 issues! Send name/address with check payable to **Paw Publications, LLC**, to:
 Paw Publications, LLC, PO Box 99, Battle Lake, MN 56515 ~ To pay with credit card, please call **218-864-5952**



Our Otter Tales

Okay ... I hate to sound like a broken record, but wow, that was one of the toughest winters I remember in a while. Just when you think it was going to get warmer, BAM! We would be bracing for another late snowstorm. What ever happened to spring? Well, as I write this, the weather seems to be straightening out and giving us a taste of what's to come ... Summer!

I'm a firm believer in the theory that life is better, or worse, based on your perspective. If you never had money, you appreciate it when you do. If you never had a new car, you really think a new car is something special (still waiting for that one to happen). So, this long-lasting winter is setting us up to really enjoy each and every summer day this year.

It's time to get the grill back out, the boat prepped, grab the fishing poles or just get out on the

lake for a cruise. We've been waiting 'way too long. The only problem is that we are weeks behind on our spring work. Which means I have to buckle down and catch up on it all before I get out on the lake for some fun.

This issue of *OTC* has a lot of interesting reads. If you don't have time to travel this summer, then you will enjoy the photo tour of the lighthouses of the Great Lakes. The pictures have a way of transporting you there ... they capture some great scenic shots of the lakes as well. Or you can go to Alaska with the Schmidts as they commercially fish for salmon in the summer, and from the files of famous people living near us, there is the story about Dennis Craswell from the *Castaways*.

I hope you enjoy this summer issue. All our writers enjoy bringing their stories to you and we are always on the hunt for more. If you know of interesting people, events, or have some great photos you have taken ... please let us know. This is what makes *OTC* magazine special. Thanks for spending some time with us!

— Ed Pawlenty, *OTC* Publisher



Have a great story idea?
Want to share a special photo?

Email your story ideas
and photos to:

Publisher@battlelakereview.com

or mail to:

Ed @ OTC Magazine

PO Box 99
Battle Lake, MN 56515

Thanks for reading OTC!

Spring 2018

"Win to Dine" \$25 Gift Card Winners

Here are the lucky winners:

- Big Chief Café**, Fergus Falls: Joyce Illa, Ashby
- Lakes Café**, Perham: Monte Anderson, Perham
- Nootzi's on Main**, Dent: Lyle Gleesing, Ottertail
- RK's Prairie Café**, Parker's Prairie: Tiffany Eggert, Parkers Prairie
- Social's Bar & Grill**, Fergus Falls: Ava Friederichs, Fergus Falls
- The fabled farmer**, Fergus Falls: Sarah Juven, Fergus Falls
- Underwood Quik-Stop**, Underwood: Charlotte Woldahl, Ashby
- Vining Palace**, Vining: Carrie Bushman, Henning
- Willy T's Tavern & Grill**, Ottertail: Sandy Sonnerberg, Dent
- Ye Olde Schoolhouse**, Erhard: Becky Luhning, Fergus Falls
- Z103 Bar & Grill**, Fergus Falls: Mavis Schleske, Fergus Falls

1812 Pebble Lake Rd., Fergus Falls, MN 56537

WEST OTTER TAIL COUNTY FAIR

218-736-0272

Wednesday-Saturday
July 18-21, 2018

www.wotcountyfair.com



There are 2 entrances to the Fairgrounds on Pebble Lake Road and another entrance off of the MN Hwy. 210 East By-Pass. From I-94, take Exit 57, turn north towards Fergus Falls and travel approx. 1.5 miles to the Fairgrounds Entrance, just past the Prairie Wetlands Learning Center.

SEE IT ALL!

Mighty Thomas Carnival on the Midway! Wrist Bands Daily ... see our website!



Olson FUNERAL HOME AND CREMATION SERVICE

"With the experience and facilities to meet your needs"

711 Pebble Lake Road - Fergus Falls, MN 56537
 218-736-7586 - 800-530-8937 - www.olsonfuneralhome.com



FERGUS FALLS ROOSEVELT PARK Thursday nights at 9pm
 (following A Center for the Arts Concerts in the Park)
FREE WIFI Available

DATE	MOVIE	RATING
Friday June 8th	Smurfs: The Lost Village	PG
Thursday June 14th	Grease	PG
Thursday June 21st	Guardians of the Galaxy Vol 2	PG-13
Thursday June 28th	Back to the Future	PG
Thursday July 5th	The Librarian: Quest for the Spear	NR
Thursday July 12th	Despicable Me 3	PG
Thursday July 19th	Brave	PG
Thursday July 26th	Star Wars: The Last Jedi	PG-13
Thursday August 2nd	Beauty & the Beast (2017)	PG
Thursday August 9th	Honey, I Shrank the Kids	PG
Thursday August 16th	Ocean's Eleven (1960)	NR
Thursday August 23rd	Justice League	PG-13
Thursday August 30th	Now You See Me 2	PG-13

MORE OUTDOOR MOVIE OPPORTUNITIES

Friday nights at 9pm

DATE	CITY	MOVIE	RATING
Friday June 22nd	Browns Valley	Guardians of the Galaxy Vol 2	PG-13
Friday June 29th	Battle Lake	Back to the Future	PG
Friday July 13th	Battle Lake	Despicable Me 3	PG
Friday July 20th	Ashby	Brave	PG
Friday August 3rd	Battle Lake	Beauty & the Beast (2017)	PG
Friday August 10th	Rothsay	Honey, I Shrank the Kids	PG

SPONSORED BY



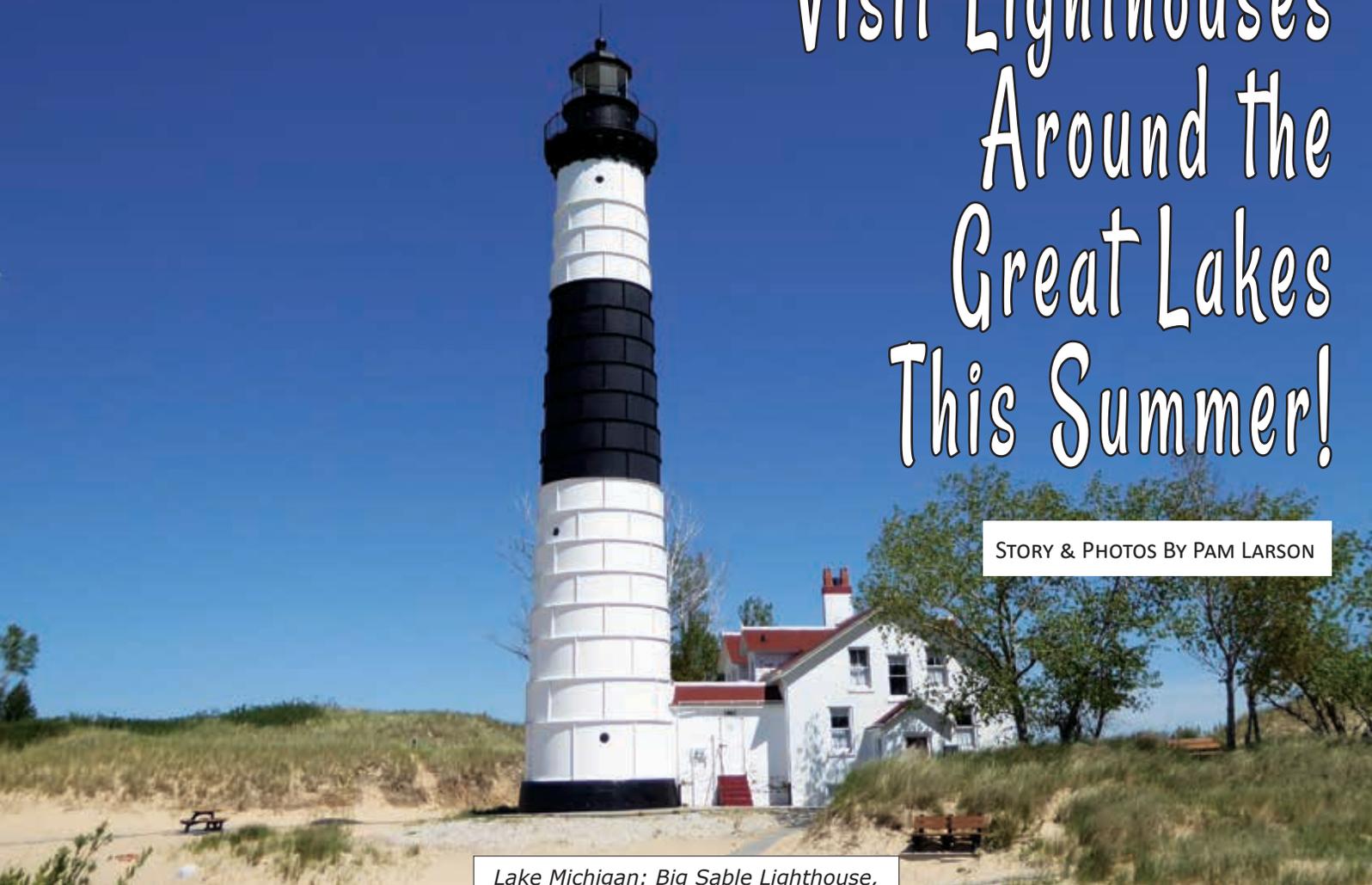
218-998-2000 www.parkregion.com

Follow us on Facebook! Search Park Region Telephone

Travel Destination:

Visit Lighthouses Around the Great Lakes This Summer!

STORY & PHOTOS BY PAM LARSON



*Lake Michigan: Big Sable Lighthouse,
Ludington State Park, Michigan*

My interest in lighthouses began as a young child, when we visited cousins on the North Shore. In addition to watching the bears come out during dusk at the city dump, we saw Split Rock Lighthouse, one of Minnesota’s most famous attractions.

Sometimes we took the longer journey up the shore to Grand Marais, which at first I thought was a trip to visit someone’s Grandma Rae. As we got busier our trips became less frequent - but the lighthouse curiosity was sparked and decades later, I have seen 234 lighthouses so far.

One often thinks of an ocean coast as the place for lighthouses, but the Great Lakes have 4,530 miles of shore, more than the Atlantic and Pacific coasts combined. In addition to the rocky shorelines, storms can sometimes develop in a few hours, moving powerful water from one end of the lakes to the other. It is estimated that 6,000 ships have sunk in the Great Lakes, with a loss of nearly 30,000 lives. Lighted beacons were necessary to lead ships to safety.

You might think that it would be easy to find a lighthouse - just drive to water and you should see it along the shore. That is not the case - lighthouses were meant to be seen from the water, not from the land! My husband Larry and I intentionally plan our trips, researching online, getting directions and GPS coordinates. My favorite resource is **lighthousefriends.com**.

Sometimes, you can just drive up to a nice parking lot, but you may also have to take a ferry, a long hike in the woods or on a beach. It’s a little unnerving when the GPS instructs you to “now go off-road”.

Lake Superior

We are fortunate to have several lighthouses in Minnesota that are easily accessible. Duluth Harbor has three. Two Harbors Lighthouse is also a bed and breakfast, plus there is a harbor light. Following Highway 61 north, Split Rock Lighthouse is after Gooseberry Park State Park, another must-see

attraction. If you want to go all the way to Grand Marais to see the breakwater light, you pass more great Minnesota State Parks. If you plan it right, every year on November 10, the beacon at Split Rock is lighted to commemorate the sinking of the freighter *SS Edmund Fitzgerald* and all the other vessels lost on the Great Lakes.

Minnesota:

At the harbor, Duluth has a great free Lake Superior Maritime Visitor Center, where you can learn about the shipping industry and the area.

Duluth Harbor South Breakwater Inner Lighthouse



Duluth Harbor North Breakwater Lighthouse



Duluth Harbor South Breakwater Outer Lighthouse



Larry feeding deer and retiring the flag at Two Harbors Lighthouse



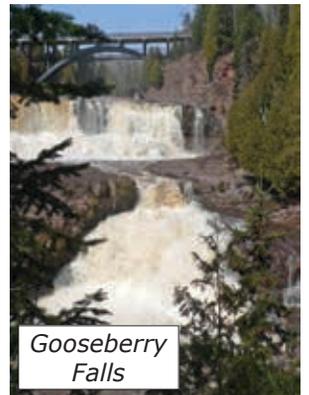
encourage you to become a "keeper", so we fed the resident deer, manned the flag, timed the light and logged harbor traffic in the journal. You are welcome to climb the tower whenever you want. At breakfast, one guest complained of the light flashing outside her window all night - guess she forgot it is a working lighthouse!

Still in MN:

Traveling north on Hwy 61 on the way to Split Rock Lighthouse, Gooseberry State Park is a great place to stop.



Lake Superior between Two Harbors and Gooseberry



Gooseberry Falls



Two Harbors Lighthouse



Two Harbors Lighthouse is a bed and breakfast inn managed by the Historical Society. Someone comes to prepare breakfast, including their traditional fruit soup, and they also put out cookies for snacks, but you basically have the lighthouse to yourself. There is a TV that they keep in a closet in case a guest is desperate for some viewing. But they

Parlor where we spent the evenings visiting, listening to the radio, doing needlework...

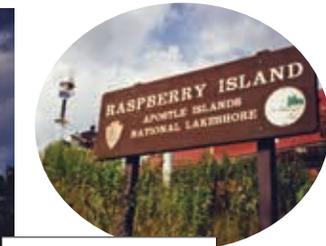


Split Rock Lighthouse



Wisconsin:

Many lighthouses are run by the National Park Service. There are several in the Apostle Islands, which are accessible by boat.



Raspberry Island Lighthouse, Apostle Islands

Big Bay Lighthouse in Michigan's Upper Peninsula is also a bed and breakfast. We stayed there as we traveled the area, including a trip to Pictured Rocks National Seashore.



Big Bay Lighthouse

Michigan:

Staying at Sand Hills Lighthouse Inn bed and breakfast was like staying in a museum. They had ornate decorations and wonderful food, with treats in the evening such as carrot cake with fresh garden carrots.



Sand Hills Lighthouse Inn, Keweenaw



Captain's desk



Dining Room



Lover's Leap, Pictured Rock National Lakeshore



Sunset through tower window

Lake Huron

Michigan:



Old Mackinac Point Light



Still Michigan:

The Whitefish Point area is known as the "Graveyard of Ships" because more vessels, including the SS Edmund Fitzgerald, have been lost there than in any other part of the lake. The Great Lakes Shipwreck Museum is located on the grounds and displays the bell from the Fitzgerald.

Whitefish Point, Michigan UP



Since many lighthouses are no longer used as active aids to navigation and have no group to maintain them, they fall victim to vandalism and natural elements, like this Grand Island East Channel Light.



Tawas Point Lighthouse - This lighthouse is in a state park, so we camped near the lighthouse.



Sea gull in Lake Huron - a common sight everywhere!



Lake Michigan

Indiana:

Since one of our trips took us close to Indiana, we took a quick trip there to get a couple of Indiana light-houses - these are on Lake Michigan.



Michigan City East Pierhead



Old Michigan City Lighthouse

Michigan:

Much of Michigan's western shore along Lake Michigan is a big sand dune, which makes it feel a lot like an ocean.



It is difficult to capture how huge the dunes really are!



Lighthouse is the one on page 8

Sleeping Bear Dunes National Lakeshore

Wisconsin:

Door County Wisconsin is a bit like the north-east coast of the U.S., but their Fish Boils are a Great Lakes tradition.

Cana Island Lighthouse, Bailey's Harbor



Point Betsie Lighthouse near the dunes



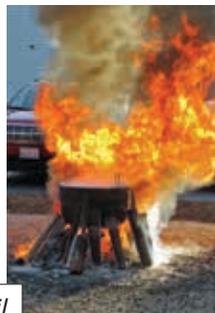
Along the sand dunes of Lake Michigan



Rock Art - with an abundance of rocks and time on their hands, many lighthouse dwellers created lawn rock art, often fences, fountains and birdbaths.



View from the top



Fish Boil



Tower steps - Many light-houses allow you to climb the towers...sometimes a little scary, but the view is always great!



Lighthouses come in many shapes and sizes and are found in wild and scenic locations. We have found it interesting to learn about the stories of heroism and rescues at sea. The purpose of a lighthouse is always the same: to warn ships of danger and guide them safely on their way. I hope to continue learning and visiting more of these steadfast beacons of light!



One lure of lighthouses is their steadfastness in the face of darkness and storms. As George Bernard Shaw said, "I can think of no other edifice constructed by man as altruistic as a lighthouse. They were built only to serve." Perhaps that is why I like to see them.





*The Koep family:
Philip (l), Marshall (r),
Kathryn (seated)*

Three Generations of the Koep Family Proudly Maintain “The Best Bait is Live Bait”

STORY & PHOTOS BY JERRY BEGLEY

Paul Koep started selling minnows out of a bucket at the Block Lake public access in 1946. Little did he know that this hobby would spawn a multi-generation bait business that continues to thrive today.

Having success at the boat landing, Paul expanded into a building in Urbank. Sons Phillip, Joey, Wesley and Marvin all started in the business at a young age. Joey, Wesley, and Marvin pursued other interests and Phillip became the sole owner in 1996. Phillip’s son, Marshall, is deeply involved in daily operations, along with his wife Amy serving as the accountant. It is a family business with Phillip’s wife Kathy helping when needed and another loyal relative, Cliff Koep, has been with the business for over 50 years.

The business needed more space to accommodate the extensive operations and moved to a rural location near Spitzer Lake in 1977. This allowed a full service offering to their retail customers, including minnows, suckers, leaches, night crawlers, retail bait tanks, worm bedding, oxygen service and any other item needed by their retail customers. It takes nine employees, ten vehicles (including two over-the-road semi’s) to deliver their products to customers in South Dakota, Wisconsin and Minnesota. The volumes indicate the need for their bait - annually 40,000 gallons of minnows, six million night crawlers and pounds of leeches are sold.

Koep relatives abound in the fishing industry. Phillip’s brother, Marvin Koep, continued the tradition

by founding Koep’s Bait, Tackle, and Guide Service in Nisswa, and was awarded the “Legendary Guide” distinction by the Freshwater Fishing Hall of Fame. Joey’s daughter, Nancy, operates the Koep’s Bobber and Bait store in Glenwood.

Bait production and harvesting is physically demanding work and impacted by the weather, environment, chemicals and governmental oversight. It is no longer as simple as when Paul used a seining net in a creek to get minnows.

They maintain over 75 ponds to breed and harvest minnows with use rented from landowners. Competition is keen for pristine harvesting ponds. Harvesting continues year round, utilizing traps during winter months. Did you every wonder where fresh, healthy minnows came from in January?

Most minnows are self-reproducing in the carefully maintained ponds, while others require egg harvesting, fertilization and hatchery operations. The Koeps maintain a local hatchery, where the harvested eggs are skillfully cultured and pampered until the minnows hit your bait bucket. Some eggs are obtained locally, and some harvested from suckers on the Mississippi river.

Invasive species dictate bait protection. All minnows harvested require veterinary certification and state sample testing to prevent the spread of Viral Hemorrhagic Septicemia, a deadly disease infecting crappie, bass and walleye species. Runoff from road de-icing salt and agricultural chemicals have been identified as detrimental to minnow and leach production.

A reliable source of fresh water is required to keep bait fresh, with Koeps being told they use more fresh water annually than the city of Ashby.

Demand for live bait continues to increase, despite the advent of artificial bait. In the state of Minnesota, 234 bait wholesalers provide bait to 946 retail bait shops serving over 1.1 million licensed anglers.



Marshall and Philip Koep and delivery truck



Urbank bait facility



Minnow storage tank



Sucker minnows



Canadian Nightcrawlers



Stacks of nightcrawler boxes



Bait Service Truck with oxygen support system



Jerry Begley is a retired Regional Director for a telecommunications company and resides with his wife Diane on Stalker Lake. While he enjoys all outdoor activities, he is returning for the first time to utilize his journalism major in college.



**Making
lake home
dreams
come true.**

**One loan at
a time.**



FIRST NATIONAL BANK, WE'LL GET YOU THERE

At First National Bank you can count on a local process for the quick answers you deserve. Stop in to see one of our lake-country bankers, or apply online at fnbhenning.com.



Find Us On Facebook



Henning 218.583.2933 | Ottetail 218.367.2735 | Battle Lake 218.846.5275



Rosemary and lemon... the taste of summer!

Rosemary Lemon Shortbread

2 cups all-purpose flour
1/4 teaspoon salt
1 tablespoon lemon zest
1 tablespoon finely minced fresh
rosemary
1 cup butter, room temperature
3/4 cup powdered sugar
1 teaspoon vanilla
1 teaspoon fresh lemon juice

Whisk flour, salt, zest, and rosemary in a small bowl and set aside. In the bowl of a stand mixer, beat butter and sugar until smooth and creamed, about 3 minutes. Beat in vanilla and lemon juice and slowly add the flour mixture, mixing until just combined. Form dough into a disk, cover in plastic wrap and chill for at least 1 hour. When ready to bake, preheat oven to 325° and line two large baking sheets with parchment.

On a lightly floured surface, roll out the dough to 1/4" thickness. Cut into squares (or your favorite shape), place on prepared baking sheets and bake for 10-12 minutes, until cookies are lightly browned at the edges. Remove cookies from baking sheet and cool completely on wire racks. These can be frozen, but I don't think they will last that long!

My favorite herb (well, one of them) is rosemary. On our winter trips to warmer climates, rosemary bushes are EVERYWHERE! They grow them as shrubs, rather than for culinary use, and seem to simply let them blossom to admire. WHAT? If I see this, I stop at the house/condo/store and ask if I may snip some of their rosemary bush. "Of course," they reply, "it's almost a weed here!" I would love to have that perennial weed next to my kitchen all year long.

One of these occasions sent me looking for a cookie recipe that used rosemary, so I could bring my benefactors a reward for their generosity. From the many choices, I devised a recipe that would incorporate my favorite cookie (shortbread), my favorite herb (rosemary), and a whiff of summer (lemons).

Summer has finally arrived and these cookies will be an incredible way to celebrate the release of the long winter and the non-existent spring. I think you can smell and taste them already . . .



OTC

There is nothing like fresh herbs and fresh fruit to make your food "sing." Enjoy the "concert in your mouth" when you taste these cookies! Sandra Thimgan lives on Silver Lake with her husband/official taster/photographer, Dan.



Karen Ness:

Life is an Exercise in Faith and Perseverance

BY LAKE REGION HEALTHCARE

PHOTOS BY KAREN NESS

Karen Ness's fitness journey was sparked by the unlikeliest of circumstances.

After her 16-year-old son Andy was killed in a car accident, Ness was so depressed she could barely get out of bed.

But Andy's dog needed walking, and someone had to do it. She also knew her good friend and neighbor was waiting to join them, so Ness felt obligated to stick to their daily constitotionals.

It turned out to be a blessing during one of her darkest times. In fact, even as life has thrown more obstacles her way – cancer, osteopenia (a less-severe form of osteoporosis), serious gluten allergies and an ongoing struggle with weight – Ness has managed to take care of herself.

Ness's commitment to physical health is just one reason she has participated in every one of the Lake Region Healthcare's Community Health Challenges in the past five years. But her dedication to overall wellness also helped her come out as one of the top point-earners this year, as the 2018 Wheel of Wellness Challenge emphasized practicing all

eight components of well-being, including physical, environmental, social, intellectual, spiritual, occupational, emotional and nutritional factors.

"All of the challenges have given me the incentives/accountability that I

personally need to stay on track," says the 61-year-old Pelican Rapids resident. "But I feel like this year's challenge has been the best because it looks at all the components of health – not just diet and exercise alone.



One of the many ways Karen Ness exercises for improved health is on her bike.



The Wheel of Wellness has opened my eyes to improvements I can make in many areas of my life and I feel that my mood in the last few months has greatly improved and that I am more optimistic about my overall health."

A Story of Inspiration

It's helped that Ness has always enjoyed exercise, inheriting a love for long outdoor hikes from her nature-loving mother and enthusiastically leaping into the legwarmer-clad aerobics craze of the 1980s. Encouraged by her sister, a naturopathic doctor, she has walked and lifted weights for decades as a way to combat her food allergies and osteopenia.

But after her son Andy and his best friend died in a car accident in 1999, Ness says she didn't enjoy anything – including self-care.

"It affected every relationship in my life," she says. "My husband, my surviving son, Jake, my friends, my family. I basically just went through the motions of life. I had a routine, but I always had a

gray cloud in front of me. My husband and I – we looked like the walking dead. We lost so much weight because we didn't have an appetite. The only way we could get to sleep at night was to put the television in the bedroom and keep it on all night, so we didn't have to think."



Karen with son Jake and husband Jerry.

Somehow – thanks to a network of loving support and even those dog walks of obligation – Ness got through it.

But in 2013, she was hit with another blow. Ness was diagnosed with breast cancer, which required undergoing a double mastectomy and follow-up reconstructive surgeries. She was given Anastrozole, an estrogen-blocker, which caused her weight to escalate, her joints to ache and her energy to fade.

Through it all, Ness's biggest defense was exercise and self-care. The Fergus Falls YMCA allowed her to take Silver Sneakers Chair Yoga when she was recovering from surgery and couldn't get down or back up from the floor to exercise.

She was also bolstered by a circle of support that included her husband Jerry, superintendent at Fergus Falls Public Schools. "Yes, he's definitely fulfilled his vows of being there in sickness and in health, for better or for worse. He took really good care of me," she says.

Feeling better than ever

Nowadays, Ness is a poster child for staying active and eating healthy. She maintains a regular routine of spinning, stretching, lifting weights and walking – with yoga occasionally added to the mix.



Hiking with friends and taking care of the neighbors' dogs help keep Karen moving.



A great circle of friends surrounded Karen during her cancer journey.

Although Ness believes she's a carb addict, she and Jerry have dramatically reduced sugar in their diets since January, and she's dropped 17 pounds in the process.

But Ness also works to "exercise" all other areas of her life as well. She practices gratitude, faith and connection with others for emotional stability. Intellectually, she loves doing puzzles and learning new things. Occupationally, she helps others as a home-health-care provider for Home Instead Senior Care. "All of my clients have been very appreciative of my help and I find it very rewarding," she says.

Socially, Ness enjoys a healthy mix of loving family, church connection, interaction with friends and neighbors, as well as time for herself.

Spiritually, Ness starts off each day with a morning routine of prayer and reading devotional books. "I credit my faith, my pastors and the many who have prayed for me for getting through life's difficulties," she says.

In fact, even though Ness' story shows a persistent thread of perseverance and strength,



Having fun with family & friends in Nashville



For outdoor activities, Karen says she (kind of) likes fishing and loves hiking with friends.



Karen and Jerry celebrate their 37th wedding anniversary at the North Shore



she is quick to attribute her success to others. "I don't want to take credit for it, because so many people helped us," she says. "I wish everyone had the health team that I had. Recovery from surgery was slow and painful, but again the inspiration of others and being accountable have steadily improved my health. I am especially grateful to Dr. Wade Swenson, Tammy Mark, the lab technicians and staff at Lake Region Healthcare's Cancer Care and Research Center."

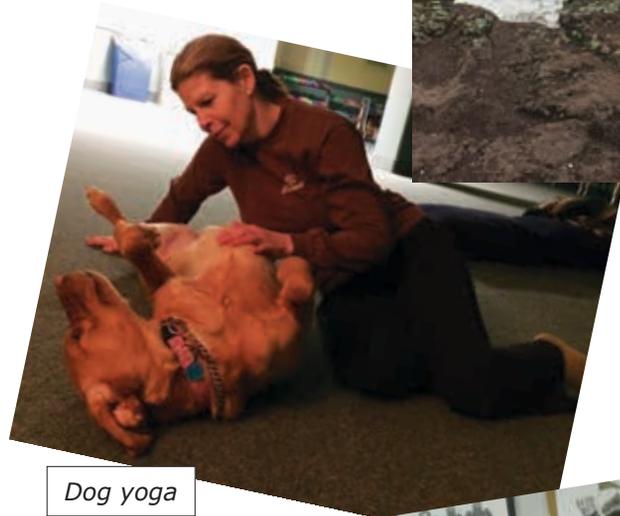
Now feeling stronger, happier and more energetic than she has in years, Ness knows that paying attention to every component of wellness is key.

That includes maintaining a positive attitude about what lies ahead.

"I just have a lot of hope that I'll see my son again, hope that I'll beat cancer for good, hope that I'll continue to live a happy, healthy life, and hope to have healthy, lasting relationships. I hope I can make a difference in other people's lives."

She encourages others to follow suit.

"There's always hope," she says. "Never, ever, ever, ever give up."



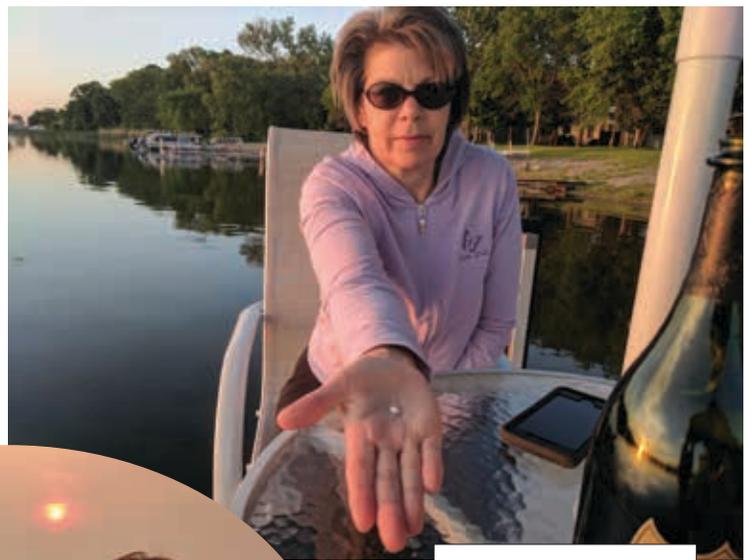
Dog yoga



Karen enjoys visiting her sister in Arizona (middle) and doing puzzles with her. Son Jake helped.



Jake and Karen light a candle in memory of Andy at St. Patrick's



Washing down the last chemo pill with a bottle of champagne



Chocolate and wine on the pontoon with friends

Bike and Watercraft Rentals

Trek Bikes, Hydro Bikes and other fun bikes!
Paddle Boards, Surreys, Canoes, Small Boats, Kayaks and more!!



**Find us at our
Glendalough State Park Location**

**Battle Lake's Original Rental Store
"Bikes and Fun To Go"**

Visit Galloping Goose Rentals at the "Goose Nest" located in the heart of Glendalough State Park. See us for a full line rental, concession, souvenir items

**Open 7 days a week
between Memorial Day
and Labor Day**

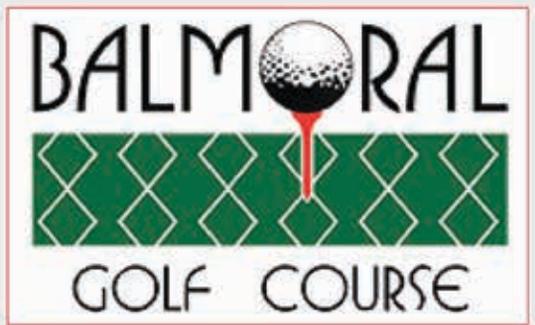
**Open weekends
after Labor Day**

218-282-1063 or 218-731-7181

To Reserve Online
www.gallopinggoosere rentals.net




Voted the Area's Favorite Golf Course!



Memberships Available!

Search and select your tee time online
www.golfbalmoral.com

Public Play Always Welcome

Call the clubhouse for reservation and information

Located 7 miles north of Battle Lake on the southeast shore of Otter Tail Lake

218-864-5414 or 218-367-2055

Lynn Cave: A Good Egg

STORY & PHOTOS BY JERRY BEGLEY

If a chicken is born on Easter morning, will it lay colored eggs? Yes, if it is an "Easter Egger" breed. If a chicken is raised by an ex-Iowan, will it deliver Hawkeye gold eggs? Yes, a Golden Laced Wyandotte could lay a bright brown egg closely resembling gold. How about a Buff Orpington? They are just reliable auburn brown egg layers.

Lynn Cave has gathered all three breeds and hopes to have a rainbow-colored basket of eggs when the chicks get ready. Easter Egger hens do lay a variety of colored eggs, but only one color per hen. If their first egg is light blue, all subsequent eggs will be blue.

Lynn's cousin got her interested in raising chickens, and after two years of study and research she ordered the chicks. They were born in Connecticut on Easter Sunday and shipped via USPS.

She was ready for them after consulting books entitled *Keeping Chickens* and *Fresh Eggs Daily*. A brooder was built and the energetic chicks adapted quickly, enjoying the heated area, good food and afternoon treats consisting of spices and pumpkin seeds.



USPS Shipping container



Lynn's brooder with chicks



Chicks in brooder



Eleanor Jean



Lynn and Eleanor Jean, an Easter Egger

Chicken Coop Welcome Sign



When they reach the age that a brooder is no longer needed, their new home is ready. This new chicken coop is not your average coop. It has curtains, welcoming signs, fresh wood chips, shredded paper under their roosts, bright colored feeders, a swing and a piano. The next step will let them into an adjacent scratching pen, also nicely decorated. In case the young chickens get too feisty, she has knitted a chicken sweater, serving as body armor protecting a hen-pecked chick.

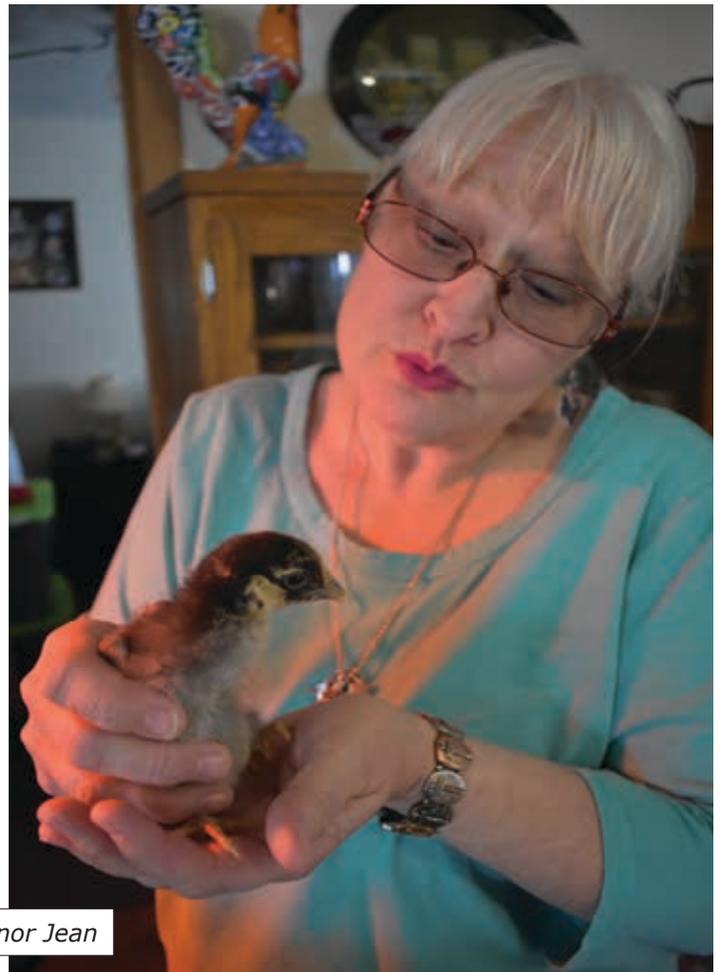
Average chickens can live up to 20 years and their lives remain normal - but not these chicks. Little do they know what plans Lynn has for them. First of all, each has a name. They will learn to play the piano. In four to five months, the "Speaker Chicken" or the head hen will identify

with her, develop a song and sing it every time she approaches. Appropriate for the lakes area, they will be introduced to fishing by using a wading pool stocked with small minnows that will supplement their diet. She learned that chickens like to walk and has a leash ready to take then on a daily stroll. There are no plans to introduce a rooster into the flock. Pictures of mature hens from each breed show a plump, stately bird with beautiful multi-colored feathers. Watch for pictures of the finished product in an upcoming issue of this magazine.

Harvest Garden

Lynn has another food producing adventure. Two years ago, she and John Rundquist, Intern Pastor at Zion Lutheran Church of Amor, started "Harvest Garden" plots in God's Acres adjacent to the church. Nine 20' by 40' garden plots are available for volunteers to plant and harvest vegetables.

The produce is then made available for "Sunday Market" at church, with additional food provided to local area Food Shelves. Two spaces are available this year for WIC participants to produce their own vegetables. Lynn reminds potential gardeners that one dollar invested in seed produces over ten dollars in produce.



Lynn and Eleanor Jean



Scratching Pen



Chicken Coop with Water & Food Feeder, and piano



Jerry Begley is a retired Regional Director for a telecommunications company and resides with his wife Diane on Stalker Lake. While he enjoys all outdoor activities, he is returning for the first time to utilize his journalism major in college.



ISLAND VACATION WORD SEARCH

R M T C C U L T U R E H S I F C D O P W
 V C K O H A L U S N I N E P E F P E E P
 X H O B S N O R K E L I P C C D N U R O
 E T C N W N W A A D O C K R H I L V T S
 K G I A C N S K O P T H U I H B P S F G
 W L P U E H A M A K B I O S S V C V I W
 V C A C S B N I L M S T N E U I W U G G
 C E B W O M D S G E L U L W P L A W O N
 N R N I D V I H L L S B W O T L V V U I
 H O M O R R E W W L B N R E M K E L M T
 U L V C I D A I S E E T V I V A S F E A
 M P C H R T S O P O G H L E B U O P N O
 I X M X L L A P B U C N S Y F L H C I B
 D E T G A H U C L U H E E A I T E R L A
 I S W N R R S L A T B A A A E P N V E T
 T A D O O L M U M V B E G N C S U G R D
 Y P U L C R K R L E G E D I T I D Y O A
 W E P K D E A L S V S U S K C F U V H U
 M L A P E W T L M C G A B U C S X A S B
 M C S M K I D E S T I N A T I O N O D S

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

WORDS

BEACH
 BIRDS
 BLUE
 BOARDWALK
 BOATING
 CONCH
 CORAL
 COVE
 CRUISE
 CULTURE
 DESTINATION
 DOCK
 DUNE
 EXPLORE
 FISH
 FOLIAGE
 GULL
 HUMIDITY
 ISLAND
 LUSH
 OCEAN
 PALM
 PEBBLES
 PENINSULA
 SAND
 SCUBA
 SEASHELLS
 SHORELINE
 SNORKEL
 SUNSHINE
 SWIMSUIT
 TIDE
 TROPICS
 VACATION
 WARMTH
 WAVES

Answers on page 42

*No more Smoke in Your Eyes
while enjoying the Campfire!*

All our products utilize energy in an
environmentally friendly way!
Each piece of wood burns completely
while being 'green'!



Located in Central
Minnesota

Created by
Anthony Anderson




AJA
Smokeless Fire

Monday-Friday 7 a.m.-5:30 p.m.
48624 380th St.

New York Mills, MN 56567
218-298-0526

Email: ajasmokelessfire@gmail.com
www.AJASmokelessFire.com

**Will Customize
Your Fire Ring!**

Enter to WIN a
\$25 Gift Card
 from one of these
 fine restaurants!

WIN

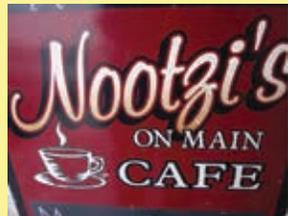


Lakes Café
 136 W. Main Street
 Perham, MN
(218) 346-5920



Homemade Soups and Baked Goods
Daily Breakfast and Lunch Specials
No one Goes Away Hungry!
~ Not Fast Food, good Food Fast ~

Hours: Mon-Sat 5:30am-3pm, Sun 8am-2pm



Nootzi's on Main
 106 Main Street
 Dent, MN
(218) 758-9492



Home Cooking ~ Fantastic
Caramel & Cinnamon Rolls
Where the Coffee and Food
are Served with a Smile!



Super
Caramel Rolls!

Hours: Mon-Fri 6:30am-3pm & Sat-Sun: 6:30am-2pm



**RK's Prairie Café
 & Catering Service**
 123 S. Otter Avenue
 Parkers Prairie, MN
(218) 338-7297

Homemade Breakfast & Lunch with a 50's themed
atmosphere. Well known for Buttermilk Pancakes.
Sunday Buffet & Event Catering.

Hours: Mon-Sat 6am-2pm & Sat-Sun: 8am-1pm



Social's Bar & Grill
 1815 W. Lincoln Avenue
 Fergus Falls, MN
(218) 998-7000

- ★ Wing Wednesday ★
- ★ Widest Selection of Craft Beers, 14 Tap Beers ★
- ★ Fresh Handmade Pizza ★
- ★ Fabulous Burgers ★

Check out our new menu!



Underwood Quik-Stop
 29346 State Highway 210, Underwood, MN
(218) 826-6311

Broasted Chicken ~ Homemade Desserts ~ Daily Specials
~ Pizza ~ Burgers ~ Tacos ~ Salads ~ Sandwiches ~

Hours: 6am - 9pm daily
Breakfast Hours: 6am - 11am daily

~ Online Ordering Available ~
 www.underwoodquikstop.com

~ Drawing held on August 10 ~

to Dine

List all the restaurants where you'd love to eat, include your name, address & phone number. Email to:

Publisher@battlelakereview.com

OR mail to:

OTC Magazine

PO Box 99 Battle Lake, MN 56515

(If mailing, be sure to PRINT your name, address & phone number clearly!)



Vining Palace
3040 Front Street
Vining, MN
(218) 769-4185

*Everyone's enjoyed Vining Palace since 1970! So many unique meals—
Broasted Chicken (a huge favorite for decades!) Burgers, Walleye and
Shrimp, Harry's Handmade Pizza, Broasted Potatoes, Onion Rings
Cheese Curds and so much more!!! Vining Palace is SO
friendly and fun — Great place to meet with your family and friends!*

Kitchen open 11am-9:15pm ~ Dine In or Take Out ~ Bar and Off Sale opens at 9am



Willy T's Tavern & Grill
300 Thumper Lodge Road
Ottertail, MN
(218) 367-6508

*Bring your appetite because Willy T's is serving up plenty
of delectable dishes & home-inspired favorites!*

~ Full breakfast menu from 7am - 11am daily ~

~ Sandwiches ~ Burgers ~ Pasta ~ Pizza ~

~ Appetizers ~ Soups ~ Salads ~

~ Extensive Drink List ~ Imported & Domestic Beers ~

~ A fun, casual atmosphere perfect for family meals or group dining ~



**Ye Olde
Schoolhouse**
24028 Emery Drive
Erhard, MN
(218) 739-6511

★ Brisket ★ Beans ★ Fish ★ Great Hamburgers ★

★ Homemade Soups ★ Beer & Wine Coolers ★

Friday Special: *All You Can Eat Walleye \$15.95
with Potato and Cole Slaw*

~ Free Drink With This Ad! ~

Hours: Sun-Thur 11am - 9pm, Fri & Sat 11am - 10pm, Closed Mondays



Z103 Bar & Grill
902 Frontier Drive
Fergus Falls, MN
(218) 998-7625

*We're the hot spot for entertainment in the Fergus Falls area!
(Visit z103barandgrill.com for events & specials)*

~Appetizers ~ Burgers ~Sandwiches ~ Steaks ~ Salads ~ Pizza ~

~ All you can eat Soup Bar Mon-Fri 11-3

~ Grill open Monday-Saturday 11am-10pm & Sunday 10am-9pm • Bar open daily 11am-1am ~



OTC Family Magazine
P.O. Box 99
Battle Lake, MN 56515
Ed Pawlenty, Publisher
(218) 864-5952

★ Get your restaurant noticed!! ★

OTC will deliver your ad to

10,000

households in Otter Tail County!

~ Spring Winners listed on page 6! ~

Country Hills Residence— It's So Peaceful Out Here!

STORY BY BECKY TIGHE

PHOTOS BY KATHY NEUBAUER

Aging in dignity and comfort is one of humanity's oldest problems. Some people move in with family, or to senior apartments or assisted living. Less common is adult foster care: living in a private home as a family member.

At Country Hills Residence, Brady and Kathy Neubauer offer their clients a chance to live in the Neubauers' state-licensed but private family home. Located on what Kathy refers to as a hobby farm - "but all our animals are pets" - they're $\frac{3}{4}$ of a mile outside Wee Town on County Highway 1.

Secluded and a little off the road, it's a quiet place where deer and wild turkeys regularly wander past the house - a feature that delights visitors and foster residents. "It's so peaceful out here!" is a common response from visitors and clients.

Before beginning their work hosting residents, the Neubauers had other careers. Kathy worked as a nursing assistant while in school, then was a school speech pathologist for 20 years. Brady worked in the Fergus Falls LRHC clinic and later at the hospital in plant operations and security for a total of 20 years.

Parents of four, Kathy and Brady also fostered children for over eight years. Their own four adopted children are kids they once fostered. They've hosted foster adults for five years now.

Clients at Country Hills find daily activities interesting. Some enjoy helping a little with tending the flower or vegetable garden, and there's plenty of room to take them on a nice walk.

Kathy comments, "We always have some kind of project going on." She laughs as she tells of a client who loved the sight and sound of heavy equipment working. "So we just took a couple of lawn chairs and sat outside with him."

They note: "We are expanding our home, too; adding on a rec room." That will allow more space for activities like foosball, playing pool, using a treadmill or physical therapy exercises the resident may need to do.

The family setting lets their children get to know older people in a culture that increasingly separates the generations. Says Kathy:

"They learn from them. And they (seniors) really enjoy having the kids around. When one of



Country Hills Residence is secluded and quiet.

The landscaped grounds of Country Hills Residence offer scenic places for taking walks or just relaxing outdoors.



Kathy and Brady Neubauer

the children comes into the room, their faces just light up!"

The children enjoy playing games and singing with the foster adult clients. "And we do lots of baking," says Kathy. Sometimes the client can participate in supervised baking with the family.

"Because there are six people living in the house, there are always extra ears, eyes and hands. The kids enjoy helping out," says Kathy. "It can be as simple as getting a drink of water for a client, or letting us know we should come and have a look at something."

Brady and Kathy also love that foster work gives them time to really be together as a family.

"Everything we do is with the family," says Kathy. Home-schooled kids often complete schoolwork by 11:30 am, leaving the afternoon free, so family outings like unplanned fishing trips don't require pulling kids out of school.

Being together so much, says Brady, makes it possible "to focus on their interests. They learn to manage their time, learn what they want and develop a stronger character." The kids have varied interests. All three are archers, and one is a bow-hunter who hunts deer in the fall.

Live-in clients are with the Neubauer family for holidays as well, unless they have family they can visit nearby. And visits from the family are welcome, "but we tell them 'just make sure it raises the spirit.'" says Brady.

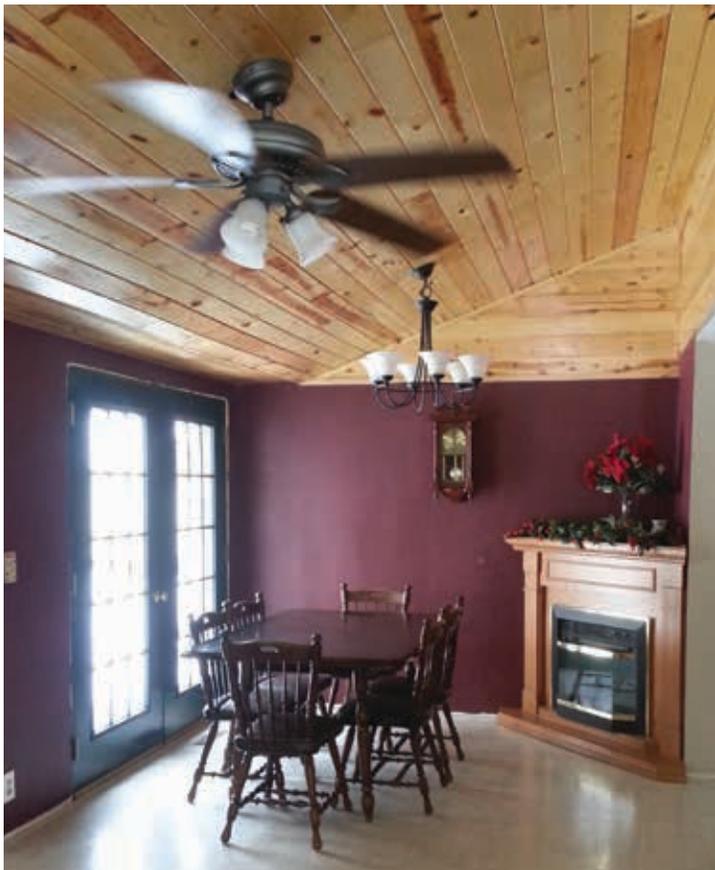
When asked whether there have been any surprises connected with this work, Brady responds, "Not really. Life happens. You just deal with it. We take them in 'til end of life. We can hold their hand 'til the end. We will also take clients for hospice care."

Kathy re-affirms: "They are 'very much' members of the family. We're here to serve the client and the client's family."

Country Hills Residence can have up to four permanent and/or respite placements and up to four additional clients who come for day services. All enjoy the homey atmosphere (see photos on next page).



Clients enjoy the comfortable and attractive living spaces



Becky Tighe left advertising to volunteer with Christian non-profit ministries in Romania and Austria for 7 years. Returning to Minnesota, she settled in Battle Lake. She likes spending time with her 10 grandkids and living among BL's wonderful people.





The Market

Kitchenware • Home Accents • Bath & Body • Toys & Games • Specialty Groceries

Something for Everyone ... Including Yourself!

www.marketfergusfalls.com

Fergus Falls • 120 S. Union • 218-998-3663
Battle Lake • 122 S. Lake Ave. • 218-864-2555

Like Us On Facebook



Breakfast is just the beginning!

15% OFF Total Receipt

* Excludes Great Plates, Senior Menu or any other discounts and promotions. Valid only at Perkins In Fergus Falls.



The Genuine. The Original.



For Residential Garage Doors and Commercial Doors

1742 College Way Ste. 10E • PO Box 1053 • Fergus Falls, MN 56538
Office 218-736-6676 Fax 218-998-3651 Email: ohdfergusfalls@gmail.com
Office Hours: Monday-Friday 8 a.m.-4:30 p.m. **24/7 On-Call**



BOLL REALTY

Your Lake Shore Specialist!

Cathy Mueller, Broker (218)-367-2652
Lauris Woessner, Agent (218) 367-2554
John Carlson, Agent (218) 205-1721
Tom O'Brien, Agent (218) 495-3309
Gloria Hedstrom, Agent (218) 205-6474
Bill Heinis, Agent (218) 457-1079
David L. Wieser, Agent (218) 205-1970

OPEN 7 DAYS A WEEK

(218) 367-2716
217 MN. HWY 78 N. Ottertail, MN 56571
Email: boll@arvig.net
Website: bollrealty.com



Get your message out there!



Brings your advertising to over 10,000 readers in Ottertail County.

Effective advertising at great rates!

Call Ed at 218-864-5952 for more details.



Cora's Closet

Upscale Consignment Boutique

221 West Lincoln Ave.
Riverfront Square
Downtown Fergus Falls

Tuesday-Friday 10-5
Saturday 10-1

218-998-2640

THE CASTAWAYS



Dennis Craswell and the Original CASTAWAYS: Rock 'N Roll Rolls On

STORY BY REBA GILLIAND

PHOTOS BY DENNIS AND SHEILA CRASWELL

The Castaways recorded Liar, Liar as a five-piece band, but by the time they traveled to the West Coast to promote their hit, bassist Dick Roby was out of the band. Left to right: Roy Hensley, Jim Donna, Dennis Craswell, and Bob Folschow.

Early Beginnings and Rise to Fame

Early 1960s. Richfield, Minnesota. Kids playing sandlot baseball swap out mitts for guitars. Dennis Craswell, Dick Roby and Lonnie Knight decide to become a vocal band, but need a microphone. They hear a guy on Oliver Street has one and head over to see if they can borrow it. "Sure," says Roy Hensley, "only I go with the mic."

That's how these four became the nucleus of the rock 'n roll garage band, The Castaways. The group played mainly fraternity parties, but a 1964 St. Louis Park Talent Contest propelled them into the ballroom circuit. With the subsequent additions of lead guitarist Bob Folschow (replacing Lonnie Knight) and keyboardist Jim Donna, the Castaways band was set for fame.

Dennis remembers the day he and Jim were hanging out at Dennis' house. Jim was playing a

few song ideas while Dennis listened to the chords. Suddenly, Dennis said of a four-chord sequence, "That's it! We should call it *Liar, Liar.*"

Jim said, "You think so?" Sure, Dennis said... girl done guy wrong. Bad...sad, true...blue - easy rhyme.

They had the song, but needed a record. They took money earned playing at fraternity parties and bought time at Kay Bank Studios at Nicollet and Lake in Minneapolis, which charged \$35 per hour.

Dennis says they only earned \$60 a night for the whole band, so \$35 an hour was a lot of money. When they learned the clock started ticking the second they walked into the studio, they set up all their equipment just outside the door to be ready to go. "We practiced probably a thousand times," he says. "We wanted to be flawless, so we could record in the least amount of time possible."

Liar, Liar was produced by Timothy Kehr and released by SOMA records.

It quickly thrust the Castaways into fame. In March 1965, they performed at the Jordan Teen Hall to a packed audience, followed by dozens and dozens more teen venues. By September, the record had sold over one million copies and they had a huge demand for bookings.

Dennis says, "It was pretty cool driving around Lake Calhoun when you were 16 years old and hearing your hit song on the radio."



Soma record -
45 single

California Days

By the Fall of 1965, the Castaways were on tour in California. Dennis had to get permission to leave high school to tour with the band.

The Castaways' California days were a whirlwind. They opened and played for 15 minutes in front of 50,000 fans at the October 1965 Fall Spectacular at The Cow Palace, which featured headliners Sonny and Cher. The event drew other big names, including The Lovin' Spoonful, Glenn Campbell, The Shangri Las and the Tikis, to name a few. They also toured with The Beach Boys.

Liar, Liar and the Castaways band were featured in the 1967 beach movie *It's a Bikini World*, and the song was featured in the 1987 movie *Good Morning, Vietnam*. The band also made a dozen television appearances, including Dick Clark's *Where the Action Is*.

After touring for two years, the Castaways left California for other pursuits. Folschow was drafted

into the war, and shortly after that Donna, then 22 years old, decided to return to college. Dennis returned to Minneapolis.

Late 60s Through Early 90s

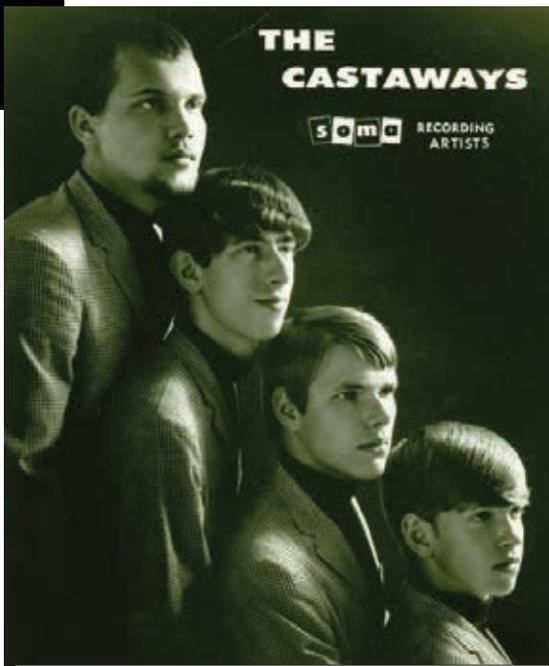
Dennis went on to be a member of *Crow*, a Minneapolis-based rock band of the late 1960s and early 1970s best known for the song *Evil Woman (Don't Play Your Games With Me)*. *Crow* shared the bill with Blood, Sweat & Tears, Jefferson Airplane, Three Dog Night, Steve Miller Band, Bo Diddley, Steppenwolf, Eric Burdon & War, Janis Joplin (three separate times) and Iron Butterfly, among others. They also played at some of the most prestigious clubs and concert halls around, including the Whisky A Go Go in Los Angeles, both Fillmore's East and West, Ungano's, and more.

In the early 1980s, Craswell and Folschow played at Trader Nick's as *The Castaway*, in Pismo Beach for 10 years at their beach bar.

The band got back together after the movie *Good Morning, Vietnam* came out in 1987. They played backup for vocalists who didn't have their own band, such as The Mamas and the Papas and Del Shannon of *Runaway* fame. The Castaways

opened with their own show and then played back up for the headliners.

Dennis says headliners liked them because the band learned their music note for note. Of course, there was that one time with the Mamas and the Papas ... Roby read music, while the other band members played by ear. When it came to backing the Mamas and the Papas, Roby said he'd just read the music instead of rehearsing with the band. Unfortunately, the venue was outside, and the wind came up, blowing Roby's music away. Dennis says Roby hardly hit a right note.

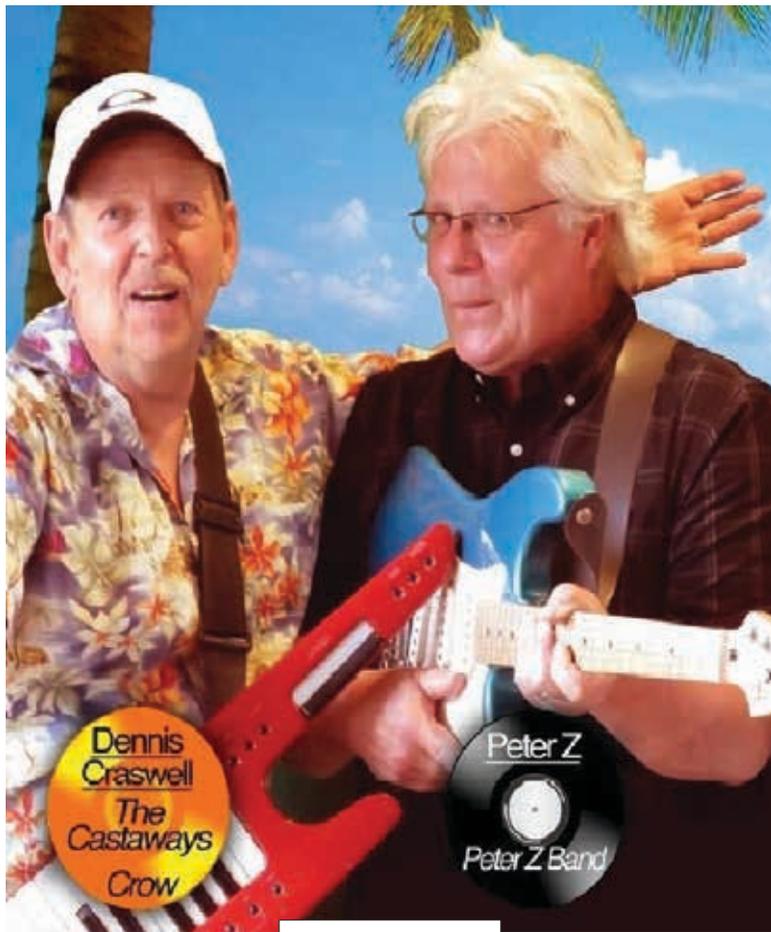


Left to right: Roy Hensley, James Donna,
Bob Folschow and Dennis Craswell

Today

Today, Dennis and his wife, Sheila, spend summers in Minnesota and winters in Texas. Although the two have known each other for a while, their marriage is of recent vintage. Dennis was playing in Frazee in 2003 when he proposed to Sheila from the stage. She said, "Yes!"

While in Minnesota, Dennis plays trio and with occasional guests at The Holiday Inn in Detroit



Denny and Peter

Lakes on the patio every Sunday from 4pm to 7pm all summer. He also plays at other venues such as Beach Bums in Otter Tail County, thanks to Jordan Woessner and the great folks there. Dennis and Peter Dzubay hire out as a duo for private parties. (Call **218-841-4863** to book a party.)

While in Texas, Dennis plays at resorts at South Padre Island and throughout the Rio Grand Valley. "Boy, do they like to dance down there," Dennis says.

His performances are a mixture of Beach Party music and Country, Classic 50s and 60s, and Rock 'N Roll. The mix can change, depending on whether it's outdoors, indoors or at night.

At 16, when Dennis learned *Liar, Liar* had sold more than a million records, he may have thought that was the best day of his life. Not so ... he went on to receive six Rock 'N Roll and Country Music Hall of Fame awards and is still going strong.



Craswell has been honored with **six** Rock 'N Roll and Country Music Hall Of Fame awards.



Follow the Original Castaways on Facebook, look up:
The Original Castaways

To see *The Castaways'* business Web page, go to:
The-Castaway.com

OTC

Reba Gilliland: Stop by the Holiday Inn in Detroit Lakes on the patio Sundays or check out one of Dennis' other scheduled performances. You won't be disappointed!



*Beyond
the Mitred
Corners*

**Quality Professional
Framing & Matting**
Home Decor, Gifts
and Floral Designs
you won't
find anywhere else!

409 W. Stanton Ave.,
Fergus Falls, MN 56537
218.998.4147
mitredcorners.com

Hours:
Mon.-Tues. 10 a.m. - 4 p.m.
Wed.-Fri. 10 a.m. to 6 p.m.
Sat. 10 a.m. - 2 p.m.

kw
KELLERWILLIAMS.
Realty Professionals



**Todd
Ukkelberg**
*Honest,
Trustworthy, &
Knowledgeable*

Specialties:
*Buyer's Agent, Listing Agent,
Relocation, Consulting*

218-639-1690
toddukkelberg@gmail.com
www.realestateottertailcounty.com

Biffley's


Bookmark

Music & Movies
Video Games
*So many books
we sell them by
the pound!*

**Board Games, Dice
Dragon's Den
Products
Available Here!**

**T-F 9am to 5:30pm
Sat. 10am to 3pm
218-739-3545**
119 W. Lincoln Ave.
Fergus Falls, MN 56537

Nadine's

Ladies Fashions
Your Friendly Clothing & Accessory Store

\$10 OFF
regular priced
merchandise of
\$50 or more

Excludes Brighton & Dansko and Lakeshirts
COUPON EXPIRES AUGUST 31, 2018
145 West Main • Perham, MN • 218-346-2615

Winkels
carpet
center

RICHARD WINKELS
SHAWMARK / MOHAWK CARPET
ARMSTRONG / MANNINGTON VINYL
CERAMIC TILE

BEAUTY FOR EVERY ROOM
FREE ESTIMATES / PROFESSIONAL INSTALLATION

145 2ND AVENUE SE / PERHAM MINNESOTA 56573
OFFICE: (218) 346-2924

Fergus \$7 Off Full Service Oil Change

FAST LANE

1215 College Way **Zack Hanson**
Fergus Falls, MN 56537 Owner
218-739-0739

Helping People with Medicare Solutions for Over 25 Years.

Call me today!



Timothy J. Bakken
Tim Bakken & Associates, Inc.
218-739-2244 • 800-967-3271
115 East Lincoln Avenue • Fergus Falls, MN 56537

Medicare made easy!

Dent...Where Did They Get a Name Like That?

STORY BY BECKY TIGHE

PHOTOS BY GARY & CAROLYN HARRINGTON,
VINTAGE PHOTOS FROM *DENT DIAMOND JUBILEE*

Dent, Minnesota, platted in 1903, had 169 residents within a year and was incorporated September 6, 1904, by consent of 29 of its residents. The Soo railroad was coming through: business and building boomed on every side.

Dent probably was named for Northwestern Dent Corn, a “profusely flourishing grain grown by the Indians” in the area. (*DENT Diamond Jubilee* history, p. 10) Whatever the source, one thing is evident: no other place in our 50 states, or perhaps even the world, has this unique name!

Early settlers came from many regions: Germany, Norway, Wales, southern Minnesota and eastern United States, to name just a few. It was a bustling town, though small. Surrounded by heavy timber, Dent produced all manner of lumber and had a “barrel-heading mill” early on. Wages were \$1.50 a day. Plentiful local supplies of basswood made good barrel heads. But the factory burned down three times, and the third time was not rebuilt.

A factory that built wooden boxes also burned down, as did the Park Hotel, which boasted 51 rooms in 1917 - it was never rebuilt. Wood for building was a mixed blessing: fire was a constant hazard. The Gedney pickle factory also burnt down, but the Dent City Hall stands to this day.

Dent had a weekly newspaper, named the *Dent Messenger*. An annual subscription cost \$1.00 in advance and could be received by second class mail. In 1905 it advertised the meat market (which looks suspiciously similar to today’s “Floppy Crappie” Sporting Goods/Bait & Tackle store), a millinery shop, a barber shop, Robinson & Son General Store and grocery (one of four general stores in town), a notary public, Dower Lumber Company and The Bank of Dent.

Dent’s children were hardy, according to the *DENT Diamond Jubilee* (p. 86). Until a three-room school was built in town, youngsters walked three



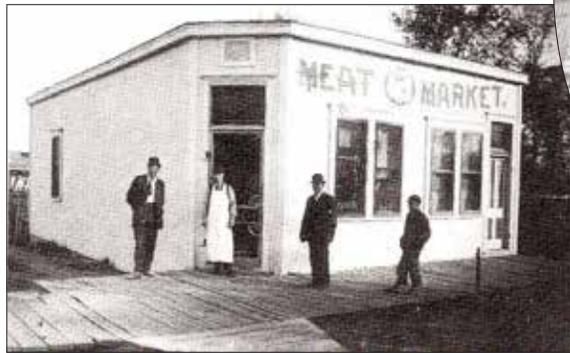
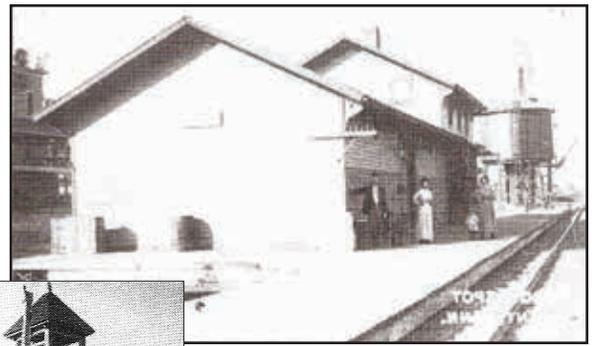
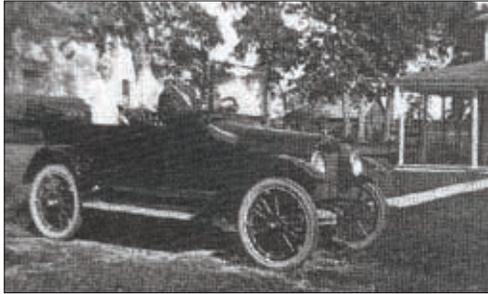
miles to Reddington. The first Dent school was a one-room shack. Its first class, consisting of 60 children, was taught by one teacher in a local building until bonds could be sold and a school constructed. A vote was held to build a school: 46 in favor, 39 against. Dent was on its way to having a “real” school.

The new school had three rooms, and no outhouse. Nevertheless, editors Ida Toombs and Christina Barley, *Dent Messenger*, expressed gratefulness for “the warm school house with two stoves” (*DENT Diamond Jubilee* history, p. 87). Skipping school was probably uncommon, as children’s absences were noted by name in the *Dent Messenger*. Then, as now, students missed school due to illness or bad weather. One child mentioned in the *Messenger* stayed home because her mother was ill.

Dent’s peak population was 244 in 1910. Today’s population is 192. But just as early Dent had a lot going on, there is plenty of business going on in and around Dent today. A quick check of manta.com showed 331 businesses in the Dent zip code. To this day it remains a cozy community set among Otter Tail County’s beautiful lakes, woods and farms, yet convenient to thriving communities like Perham.

Can you identify the “Then” and “Now” photos on the next pages?

Then...



Dent Data

Location: 43° 33'16"N 95°43'6"W

Elevation: 1375 feet

Zip code: 56528

Area code: 218

Population:

1910: 244

2010 Census: 192

Driving Distance from:

Perham - 10 miles

Richville - 8.8 miles

Vergas - 12 miles

Nearby Lakes:

Star Lake

Dead Lake

Marion Lake

Big McDonald Lake

Churches:

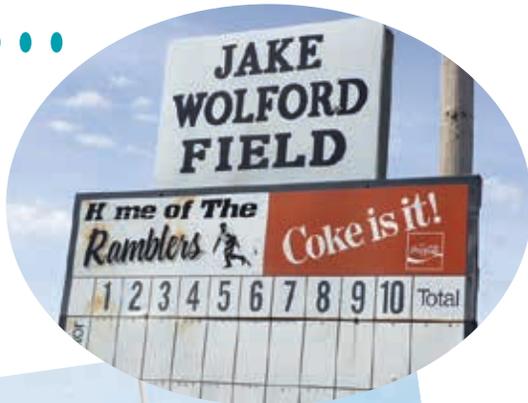
United Methodist Church of Dent

Immanuel Lutheran Church

Sacred Heart Catholic Church

Map Courtesy of Otter Tail GIS

Now...





Kim and Pam with Nootzi's famous cinnamon rolls

Many thanks to Kim, proprietor of Nootzi's on Main Cafe, for kindly trusting me with her copy of the *DENT Diamond Jubilee* history book. It was very helpful!
— Becky Tighe



Becky Tighe left advertising to volunteer with Christian non-profit ministries in Romania and Austria for 7 years. Returning to Minnesota, she settled in Battle Lake. She likes spending time with her 10 grandkids and living among BL's wonderful people.



Erin Olson
320-293-1123
erino@century21vista.com



Connie Caspers
701-640-3161
connie@century21vista.com

Recognized. Respected. Recommended.

www.century21vista.com
316 North Hwy. 78
Ottertail, MN 56571
218-367-7500

Fresh From Alaska

STORY BY ED PAWLENTY

PHOTOS BY STEPHANIE SCHMIDT

Kevin and Stephanie Schmidt were born and raised in Fergus Falls. Each of them were raised on farms and were well acquainted with soil, not sea water. Coming from this area of so many lakes, they never thought they would spend part of their summers fishing for salmon in breathtaking Alaska.

It all started when Kevin's older brother got to know a man in the seminary at Hillcrest who had fished in Alaska. His brother listened to the stories of salmon fishing and then convinced Kevin to join him to be deckhands on a salmon boat in the summer of 2007.

After that first adventure, they decided to go again for the 2008 salmon run. After that season, the two brothers went all in and started their own operation. They purchased commercial permits, sites, boat and gear for the 2009 season. Two cabins were also purchased on the shore to stay in during the fishing season. The cabins weren't much - just 12x12 plywood shacks with no running water or heat.

Commercial fishing seemed to come natural for these farm boys, and they learned quickly and did well. By 2011, Kevin's brother decided to pursue other interests and sold his share to Kevin and Stephanie. It was just good timing for both families.

Commercial salmon fishing in Bristol Bay is fast and furious. The sockeye salmon run usually starts in the last week of June and typically goes through the first two weeks in July. The start and end of the run are very dramatic. When fish enter the bay and fill the nets completely full, it can be overwhelming when pulling and emptying the nets. The fishing can also dry up completely from one tide to the next (eight hour intervals).

There are two types of fishing in Bristol Bay: drift netting and set netting. Drift netting is done by larger boats with the crew staying onboard the whole season. These boats fish further out in the bay and let their nets drift around. Set netters must purchase their sites along the outside edge of the bay and set their nets with permanent anchors. The netters at each site must adhere to the site's official coordinates. These netters stay in cabins along the



Kevin and Stephanie by Bristol Bay

beach and use smaller boats called skiffs to harvest their catch.

Kevin and Stephanie have skiffs that are 23 feet in length. Their commercial set net permit limits them to 50 fathoms (300 feet) of net in the water at a time. They have two site permits, which allows them to set 100 fathoms (two football fields)



Setting nets

worth the net out at any one time. All fishermen can have their nets in the water only after the Alaska Department of Fish and Game has given the OK. There are daily announcements on the radio that inform fisherman of district fishing openers and river escapement numbers, which are used to set the fishing openers. The goal is to have enough salmon continue into the rivers to spawn and ensure a future healthy and sustainable fishery.

The very strong and extreme tides play a big role in the catch. At low tide, the nets will be on dry ocean bed and at high tide, they will be submerged under 25 feet of water.



Kevin with a nice sockeye salmon



Low tide (above) and high tide (below) in Bristol Bay



A full net during the salmon run

Usually, the best numbers of sockeye salmon will be caught when the tide is coming in. When it goes back out, the fishing usually subsides for enough time to grab a quick meal and change out of wet sweatshirts and gloves. It is quite the lifestyle to be controlled by the tides under the light of a barely-setting sun for several weeks every summer.

In the beginning, the salmon the Schmidts caught were delivered to large ships nearby where they were put into a large hold with other catches of fish and delivered to a cannery in port where the salmon are processed. In the past, salmon were canned and shipped throughout the world. Now, they are filleted, vacuum packed and frozen for shipment. The name "cannery" just stuck.

A vast majority of these fish from the canneries head for China and Japan. There are a half a dozen canneries in the area of Naknek where the Schmidts fish. It has about 500 permanent residents and swells to over 15,000 in the summertime. Many people from all over the world come to work in the canneries and to fish. It is a mecca for people chasing adventure, hard work and quick money.

Every summer, Kevin and Stephanie would bring home a couple boxes of fish for friends and family. They loved it! Stephanie relates, "Soon after, we couldn't bring enough salmon with us so we had the idea to direct market our catch at home. The fishing prices in Alaska fluctuate every year. Some years, we barely covered our expenses. Direct marketing would give us the chance to regulate this

better." The couple grew their preorders before the salmon fishing, and also sold salmon at the Fergus Falls Farmers Market after they returned.



Kevin and Stephanie at the farmer's market

Every year since, their market here at home has doubled. Now they have dozens of families who preorder in the spring to stock up on high quality wild Alaskan salmon to last the whole year. The fish are delivered when they come back home in early August. From there, they sell at stands at area farmer's markets as well as supply a few high-end restaurants, co-ops and stores. The couple states, "We have been so overwhelmed and grateful for the support of our community."

Most wild-caught frozen fish on the American market is twice frozen. It is frozen once on shore, shipped whole to a processor, defrosted, processed into fillets or other products, and then refrozen and shipped back to stores.

All the fish the Schmidts bring home are cherry-picked out of the net during fishing. Next, the salmon are quickly bled and iced down. After coming ashore, they haul the salmon to town in insulated ice totes to a small USDA inspected, boutique-style custom processor. All the fish are expertly hand filleted, vacuum packed and flash frozen. Some fish are flown home right away at the end of July for special orders. The remainder of the frozen salmon is transported by barge from Bristol Bay to Seattle, where they take a ride in a semi-trailer freezer all the way home. The salmon are stored between a USDA-inspected freezer trailer and frozen storage facility in Fargo.



Kevin with a boat load of handpicked salmon for home



Sunset on Bristol Bay



Vacuum packed and frozen salmon

The Schmidts are looking forward to this summer's salmon run. Kevin heads out the middle of June to do prep work. After the season is over, the work to pack away everything takes quite a bit of time and gets them all back to Minnesota by August. This year, the plan is to bring their oldest daughter with them to fish. (They have three girls, ages six, three, and one.) The Schmidts also recruited a couple of high school boys ,who will be "greenhorns" and completely new to commercial fishing. This year should be a lot of fun as usual in their little piece of paradise.



The whole family helps at the farmers markets

See Sunrise Salmon ad on the inside back cover

CONCRETE FLOOR COATINGS

We've got it covered!

**4X Stronger Than Epoxy • Non-Slip Surface
One Day Installs**

**ADD
USABLE
LIVING
SPACE!**



K&M
Coatings

Great for Garage,
Basement, Patio, Porch,
Utility Room,
Mud Room, Shop, Stairs,
Driveway, Sidewalk



New York Mills, MN • 507-923-3311 • www.kandmcoatings.com

HOMES | GARAGES | SHEDS | ROOFS | COMMERCIAL BUILDINGS | FARM & LIVESTOCK BUILDINGS

YOUR HOME DESERVES THE BEST!

from the INSULATION EXPERTS

**75+ Years
Combined
Experience**

- ✓ Saves 30-50% on energy costs
- ✓ Completely seals & reduces noise
- ✓ Increases structural strength
- ✓ Highest R Value per inch
- ✓ Improves indoor air quality
- ✓ Eliminates condensation



**TRI COUNTY
FOAM INSULATION**

Experience makes the difference!
Alexandria

320-852-7050

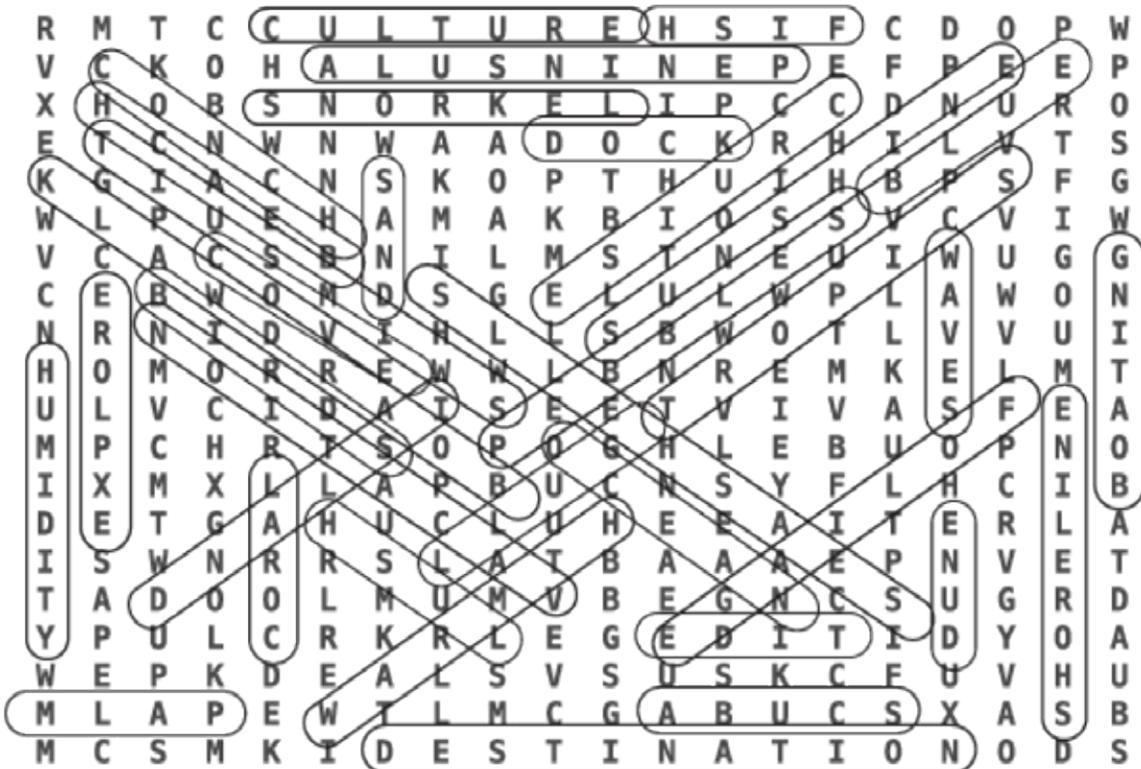


AVAILABLE NOW - CONCRETE FOAM LIFTING - CALL RYAN @ 320-760-1681

HEALTH | SAFETY | SAVINGS | COMFORT

josh@tricityfoam.com • www.tricityfoam.com

Word Search Answers from page 23





Events

Family – Friends & Fun

Zoom over and enjoy **ALL** of the fantastic summer events in East & West Otter Tail County!

So many area events, so little space!
Please check local newspapers for more events.



BATTLE LAKE

Thursdays & Saturdays: Turtle Races 11am
Saturdays: Farmer's Market 9am-1pm May-September

- June** 16: All-City Garage Sale
- 16-17: Lions Fishing Tourney
- 20: Junior Naturalist program - Glendalough 1pm
- 20: Beginning Canoeing - Glendalough State Park
- 29: OTC 150th Anniversary Event - Historic Play
- 30: Archery in the Park - Glendalough State Park
- 30: Monroe Crossing Concert - Prospect House

- July** 1: OTC 150th Anniversary Event - Historic Play
- 4 & 18: Junior Naturalist program - Glendalough State Park
- 4 & 18: Beginning Canoeing - Glendalough State Park
- 14: Paddle the Glendalough Chain of Lakes
- 14-15: Phelps Mill Festival
- 20-22: Art of the Lakes Studio Tour
- 21: Archery in the Park - Glendalough State Park
- 27: OTC 150th Anniversary Event - Walking Tour of Historic Downtown
- 27-29: Wenonga Days - Parade July 22 7pm
- 23-29: Dance Barn Festival & Activities
- 28: Prospect House Museum - Civil War Celebration

- August** 1 & 15: Junior Naturalist program - Glendalough State Park
- 1 & 15 Beginning Canoeing-Glendalough State Park
- 11: Arts and Crafts Affair



September 1: Gathering of the Airplanes - BL airport



DALTON

- June** 23: Summerfest
- July** 4: Patriotic Program & Sing-Along
- August** 10: Haining's of Branson Concert
- September** 7-9: Lake Region Pioneer Threshermen's Association

ERHARD

July 4: 4th of July Celebration - Parade 11am



FERGUS FALLS

Wednesdays 2-5:30pm & Saturdays 9am-1pm: Farmers Market - OTCHS lawn

Thursdays: Movies in the Park 9pm - Roosevelt Park

- June** 2: Lake Region Run Half Marathon & 5k
9-10: Summerfest
11: Book Club "This is Your Life, Harriet Chance," 6-7:30pm FF Library
14: Concerts in the Park: The Color Crayons-AC4TA
15: OTC 150th Anniversary Event - Downtown FF Mystery Tour
15 Relay for Life - M State
15: Fireflies Walk - Prairie Wetlands Learning Center (PWLC)
19-20 Birak Shrine Circus, WOTC Fairgrounds, BirakShrine.com
25-28 Teaching in the outdoor classroom workshop PWLC
26-28 Explorers Biology Camp - kids entering 5th & 6th grade
28-30 Children's Theatre: Peter Pan, Jr-A Center for the Arts
30 Paddlefest, Otter Tail River



- July** 1-31: Museum Open "Otter Tail 150," OTCHS
1: Children's Theatre: *Peter Pan*, Jr-A Center for the Arts
5: Concerts in the Park: The Demasi Brothers - AC4TA
6: OTC 150th Anniversary Event - Stories from FF State Hospital 7pm
10: OTC 150th Anniversary Event - Courthouse Lunch/Band Concert
12: Concerts in the Street 6:30pm
18-21: West Otter Tail County Fair
26: Concerts in the Park - The Dreamers - AC4TA
27: Pebble Lake Youth Triathlon ages 7-15
31: OTC 150th Anniversary Event - Community Picnic, 5:30pm, OTCHS



- August** 1-30: Museum Open "Otter Tail 150," OTCHS
4: Rail Trails 100 Century Ride, 7am, Central Lakes Trail.com
5: Classic Car Show, Kirkbride Park, 9am-1pm
5-11: MN Waterfowl Assn. Woodie Camp, PWLC youth ages 13-15
9:4K & 7Beers Ago Fun Run
9: Concerts in the Park: Jack & Kitty AC4TA & FF Library
16: Concerts in the Park: Lakes Area All Star - AC4TA
18-20: Years - Monarchs, Music & More, 11am-3pm, PWLC
23: Concerts in the Street: Darrell Webb Band - AC4TA
30: Concerts in the Park: Front & Center Singers/aChord - AC4TA



FRAZEE

- July** 27-29: Turkey Days

HENNING

- June** 17: All City Garage Sale
July 12: OTC 150th Anniversary Event - Henning Downtown Tour
13-15: Henning Festival
August 17: Crazy Day & World Famous Turkey BBQ



NEW YORK MILLS

- June** 8: OTC 150th Anniversary Event - NYM Downtown Tour
9: Great American Think Off - Regional Cultural Center



OTTERTAIL

- August** 10-11: Otterfest

PELICAN RAPIDS

Tuesdays: Minnow Races 10am June 10–August 26

- July** 7: Classic Car Show
13-14: Pelican Fest
20: OTC 150th Anniversary Event - Pelican Rapids Downtown Tour
21: Friendship Festival - Sherin Park
28: Art in the Park – Peterson & Sherin Park

- August** 11 Pelican Fly-In/Drive-In - Pelican Rapids Airport



PERHAM:

Wednesdays 8-1 & Fridays 10-5 - Farmer's Market NP Park on Main Street

- June** 13-17: Turtle Fest
14: OTC 150th Anniversary Event - Perham Downtown Tour
23: Annual Rib Cook Off
30: Kinship Average Joe Triathlon

- July** 4: Fireworks - Fairgrounds 10pm
3-14: Relay for Life - Perham High School Track
19-21: East Otter Tail County Fair
27: Tuffy Nelson Golf tourney Lakeside Golf Course

- August** 3-4: Crazy Days
4: EOT Breakfast on the Farm - August Ziegler Farm 40327 490th St.
10: OTC men in WW1 - EOT Museum 6:30pm
18-19: Pioneer Days

- September** 1-3: Labor Day Sidewalk Sales



VERGAS

- August** 8-12: Looney Daze

VINING

- August** 18: Watermelon Day



ATTORNEYS & COUNSELORS AT LAW
 FERGUS FALLS · BATTLE LAKE · UNDERWOOD

CLINE JENSEN P.A.



Jon J. ("J.J.") Cline
 Attorney



Paul S. Jensen
 Attorney

Practice Areas

Alternative Dispute Resolution

- Business Law • Criminal Law • Employment Law • Estate Planning, Wills, Trusts • Family Law • Insurance Law • Litigation
- Municipal & Townships • Personal Injury • Probate • Real Estate Law • Utility Law • Water/Drainage

Fergus Falls: 218-998-4088 • Underwood: 218-826-6858
 Battle Lake: 218-862-6300 • www.clinelawyers.com

Auto - Commercial - Homes
 We can save you money. Stop in and see us for all your insurance needs!
Farms - Crop - Life - Health

Lisa Buising

PO Box 38
 Battle Lake, MN
 56515

Located in
 1st National Bank
 218-862-4444

Fax
 218-862-4400

Patty Johnson

www.firstlakesagency.com

Advertiser Index

Art Galleries

Art of the Lakes.....3

Attorneys

Cline Jensen P.A.....46

Auto Repair & Lube

Fergus Fast Lane.....33

Banks

First National Bank.....14

Midwest Bank.....inside front cover

Book, Office Supply & Technology

Biffley's.....33

Victor Lundeen's.....inside front cover

Building & Construction

Everts Lumber.....inside back cover

Concrete & Coatings

K & M Coatings.....42

Skjeret's Concrete.....inside front cover

Clothing & Accessories

Cora's Closet.....29

Nadine's.....33

Dentists

Northern Lakes Dental &
 Implant Center.....4

Farmers Markets

Battle Lake Farmers Market
inside front cover

Festivals and Events

West Otter Tail County Fair.....7

Financial Services

Edward Jones.....3

Floor Coverings

Winkel's Carpet Center.....33

Food & Specialty Markets

Sunrise Salmon.....inside back cover

The Market.....29

Funeral Homes

Olson Funeral Home.....7

Garage Doors

Overhead Door Company.....29

Golf Courses

Balmoral.....19

Health Care

Lake Region Health Care.....back cover

Sanford Health.....3

Insulation

Tri-County Foam.....42

Insurance

1st Lakes Agency.....46

Tim Bakken & Associates.....33

Landscape & Nursery

Outdoor Renovations
inside back cover

Picture Framing

Beyond the Mitred Corners.....33

Recreation

AJA Smokeless Fire.....23

Galloping Goose Rentals.....4, 19

Real Estate

Boll Realty.....29

Century 21.....37

Keller Williams.....3, 33

Otter Tail Real Estate
inside front cover

Restaurants

Lakes Cafe...24

Nootzie's.....24

Perkins.....29

RK's Prairie Café & Catering.....24

Social's Bar & Grill.....24

Underwood Quick-Stop.....24

Vining Palace.....25

Willie T's Tavern & Grill.....25

Ye Olde Schoolhouse.....25

Z103 Bar & Grill..... 25

Retirement/Assisted Living

Lakeside Living.....4

Services

Park Region Telephone.....7



SPRUCE
EVERTS LUMBER HOMEGOODS

Kitchen
Small Appliances
Cleaning
Gifts
Garden
Bird Seed/Feeders
Grills & Accessories
Children's Items
Beach Toys
Chalky Spray Paint
Pet Supplies



Located next to
Everts Lumber!

203 Lake Ave S • Battle Lake, MN
218.862.2808
facebook.com/SpruceHomegoods
Monday - Friday 9:00-5:00
Saturday 9:00-12:00 - Sunday Closed



**Everts
Lumber**

COMPLETE SOURCE FOR BUILDING

Quality Forest Products - Drafting Services
Hardware - Plumbing - Electrical
Benjamin Moore Paint & Cabot Stain



205 Lake Ave S • Battle Lake, MN
218.864.5983 • www.evertslumber.com
facebook.com/EvertsLumberCo
Monday - Friday 7:30-5:00
Saturday 7:30-12:00 - Sunday Closed

Wild • Sustainable • Delicious
Wild Alaskan Sockeye Salmon!

Best Tasting
Salmon Money
Can Buy!

Caught by a
Local Fishing
Family



Reserve your share of the summer catch
starting at \$12.50 per lb.

More details www.sunrisesalmon.com
or call 218-770-8649

Look for us at area Farmers Markets in
August and September!

Place your order today!

**OUTDOOR
RENOVATIONS**
EST. 1988
LANDSCAPE & NURSERY, INC.
UNDERWOOD, MN • 218-826-6623



Our Experienced &
Trusted Team

Back row: Brandon Lee,
Nick Barnum &
Adam Jacobson.

Front row: Guy Irish,
Rick Jacobson, Owner,
Jeremy Jacobson,
Shilo Jacobson &
Dylan Deschene.
(not pictured Justin Love)

Call For **FREE** Estimates!

Complete Landscape Design
& Installation

Full Service Septic Division
Lakeshore Restoration

**FULL SERVICE GARDEN
CENTER**

209 Cleveland Ave. W.,
Underwood, MN

* Organic Peat Moss & Blended Peat
* Mulch - Bulk & Bagged
(Delivery Or Pick-Up)

Visit Our Garden Center Soon!

www.outdoorrenovationsinc.com



FROM CANCER SCARE TO CANCER CARE



NOW ACRO & QOPI CERTIFIED
PUTTING PATIENTS FIRST

Lake Region Healthcare's Cancer Care & Research Center brings world-class technology, comprehensive treatment, and personalized, compassionate care close to home. We treat all types of cancers, know every patient by name, and care for each person as though they are family.



Lake Region
HEALTHCARE
**Cancer Care &
Research Center**